THIS MORNING WE CELEBRATE THE BAT MITZVAH OF

ANNABELLE MAKAYLA ABRAMOWITZ
Annabelle is joined by her parents Vicki & Matthew, grandparents, and other family members on this most special day.

Annabelle has just started 7th grade at Solomon Schechter School of Manhattan where her favorite subject last year was Humanities. Annabelle is an avid dancer and has most recently trained in the pre-professional dance program at Steps on Broadway. She has performed on many stages and at several events including performances for the American Girl Store and at the opening parties for last year’s production of Angelina Ballerina. She had a small appearance in the recent film, John Wick 3. She has spent her summers at Usdan where she has performed in several musical theater productions and most recently created an original dance piece as part of a choreographic workshop.

As a Schechter student, Annabelle is able to study Judaic law and Jewish history on a regular basis. She looks forward to her class trip to Israel in the 8th grade. Annabelle and her family would like to offer their sincere gratitude and appreciation to Cantor Keren and Rabbi Ain for helping Annabelle to prepare for this special day.

We wish this very talented young lady and her family a hearty mazal tov and know that she will have a bright future.

Mazel Tov - מזל טוב

The flowers adorning the bima are provided by the Zadeh Family in loving memory of their parents Toria Songori & Moussa Alaghaband Zadeh.

The kiddush following the service is sponsored by Vicki & Matt Abramowitz in joyous celebration of the Bat Mitzvah of their daughter, Annabelle.

PARASHAT KI TEITZEI

Torah (Deuteronomy 21:10 - 25:19): Etz Hayim p. 1112 - 1136

TORAH PORTION SUMMARY

In this Torah portion, Moses delivers specific rules about proper family relationships. He continues with laws involving many aspects of daily living, justice, family responsibility, work and sexuality.
Join us in the new Sutton Place Synagogue!
It will be a very special Selichot as we dedicate our new sanctuary and honor those who made it possible.

**Saturday, September 21**
Dessert reception: 8 pm, Program: 8:30 pm

Selichot marks the beginning of the High Holiday season.
It is a time of renewal, hope, and introspection.

The beautiful Selichot service, led by Rabbi Rachel Ain, Cantor Dov Keren and the Shirah Choir under the direction of Richard Slade, will follow the dedication.

**SPS HIGH HOLIDAY FOOD DRIVE**
Beginning September 21 (Selichot) and as you leave the synagogue on Rosh Hashanah, you will be given an empty bag. Please fill it with NON-PERISHABLE food items and return it to SPS by **October 10**. Kosher food collected will be donated to CITY HARVEST and distributed to needy Jewish families. Non-kosher food will be donated to our local food pantry. We appreciate your participation.

– Gaby Alper, Chair Social Action Committee

**WRITE YOUR LIFE STORY LED BY ROBERTA HERSHENSON**
**Fridays, September 27; October 4, 11, 18, 25; November 1 from 11 am - 1 pm**

Have you ever wanted to write your life story but haven’t known where to start? This workshop for both beginning and experienced writers will give you the tools and confidence to produce a lasting written work. Led by SPS member Roberta Hershenson, who worked as an arts journalist for The New York Times for 25 years. RSVP to sps@spsnyc.org
SPS is Kicking off a partnership with Lilith magazine with an exciting Women’s League program on:

Tuesday, September 17 at 7:00 pm
Wine & cheese will be served

Ripped from the headlines, the Women’s League & Lilith magazine will confront the way the #MeToo movement has impacted journalism and the Jewish community.

**Stories about #MeToo: On the Page- and Off**

When does gossip become a useful warning signal? What are journalists’ responsibilities when hearing #MeToo stories? **Susan Weidman Schneider**, editor-in-chief of Lilith magazine & other writers will share insights on current #MeToo stories affecting people in the Jewish community.

Join us for a lively conversation about this critical topic - and what you can do when overwhelmed by the news of the day. Then stay tuned for more programs throughout the year, including a Lilith Salon.

Copies of the latest issue of Lilith will be available.

For more information: www.lilith.com
Both Yoga practice and Torah study are means to connect us with a deeper aspect of our being and provide us a map to a more meaningful and spiritual existence. Rachel Dewan, the instructor, will be gearing the yoga poses, breath work, and contemplation to Rosh Hashanah. This program, which is for men and women, is approximately 90 minutes.

**When:** Thursday, September 26th at 7:00 pm  
**Where:** SPS  
**Cost:** $10. Please send your check, made payable to Women’s League of SPS, to Robin Biegeleisen at 212 East 48th St., #8D, NY, NY 10017 OR you may pay at the door.

* No previous experience necessary, and all levels are welcome. Please dress for exercise and bring a yoga mat and any props you use. Extra mats will be available.

* RSVP’s are appreciated to Robin Biegeleisen at rbiegeleisen@gmail.com or (cell) 609-915-6001 or (home) 212-967-2318.

**Bring Your Friends - Spread the word Everyone is welcome!**

Rachel Dewan, E-RYT 500 is a Certified Anusara Yoga Teacher and has been teaching for 14 years in both the NY and Chicago Metro areas. In addition to Torah Yoga, she teaches Immersions, Yoga Therapeutics, and a variety of workshops, and writes a weekly yoga blog. She is a graduate of the Jewish Yoga and Spirituality Teacher Training. Her goal is to cultivate a sense of community and inspire students to expand to their highest potential both on and off the mat by strengthening their connection to their own unique and divine nature.
YOUNG PROFESSIONAL PROGRAMMING

#SPSTALKS YOUNG PROFESSIONAL STYLE: WHAT DO THE ISRAELI ELECTIONS HAVE TO DO WITH ME?
This Monday, September 16 at 7:30 pm
On September 17, Israelis head to the polls for the second time this year. How does this election affect us as Diaspora Jews? How can we understand the role Zionism plays in our Jewish identities when politics in and about Israel are so divisive? RSVP to David at dfrankel@spsnyc.org

GETTING INTO THE HIGH HOLIDAY SPIRIT
Wednesday, September 25 at 7 pm
Join fellow SPS Young Professionals for a “sneak preview” of this year’s YP High Holiday services. We’ll sing, nosh, learn, and prepare ourselves for the coming Days of Awe. Led by Rabbinic Intern David Chapman. RSVP to David Chapman at dchapman@spsnyc.org

COMEDY NIGHT & PIZZA IN THE HUT WITH COMEDIAN TALIA REESE
Wednesday, October 16 from 7 – 9pm
Get together with old friends and make new ones under the stars in our beautiful Rooftop Sukkah! Comedian Talia Reese will have us shaking (like lulavs) in laughter. Enjoy pizza & drinks and celebrate this popular Jewish festival. Suggested donations $10. Register at www.spsnyc.org/ypsukkotcomedy

SOCIAL ACTION

DOROT ROSH HASHANAH PACKAGE DELIVERY & MORE!
Sunday, September 22 from 10 am - 12 pm
Bring warmth & companionship to an older neighbor with a Sunday morning visit. Pick up a package at Central Synagogue – Community House (123 East 55th Street, Between Park & Lexington) Register online – www.dorotusa.org/rosh.

SENIOR PORTRAIT DAY (must be 18+)
Sunday, October 6; 3 shifts available (9 am –12 pm; 11:30 am - 2:30 pm; 1:30 – 4 pm) at the DOROT office – 171 West 85th St. Older adults will be coming to have professional pictures taken of themselves. DOROT needs volunteers to greet them & offer tech coaching in conjunction with this program. Contact Sharon at sstahl@dorotusa.org
**SUKKOT AT SPS**

**Sunday October 13:** Evening Service 6:15 pm, then
**DINE IN OUR BEAUTIFUL ROOFTOP SUKKAH** (rain or shine)
Enjoy the company of old friends and make new ones
Members & their guests: $50  Child(ren) under 10: $18
Advance reservations required 212-593-3300 or sps@spsnyc.org

**Monday, October 14:** Services 9:15 am & 5:45 pm
**Tuesday, October 15:** Services 9:15 am & 5:45 pm

**MEN’S CLUB: WHISKEY & WISDOM WITH RABBI DAVE LEVY IN THE SUKKAH**
Thursday, October 17 at 7:30 pm

**Friday, October 18:** Evening Service 6:15 pm followed by
**JRS FAMILIES’ SHABBAT DINNER IN THE SUKKAH**
Complimentary for families
Guests: $20 per adult  $12 per child 6-12
Reservations requested: call Alyssa Schwager 212-593-3300 ext. 101 or
aschwager@psnyc.org

**HOSHANAH RABBAH**
**Sunday, October 20:** Morning Service 9:15 am

**Sunday, October 20, 10:00 am**
**TOT SUKKOT**
Dance, Sing, Eat in our beautiful rooftop Sukkah! All families including
parents, grandparents and friends are invited.

**PARENTING AT SPS**

**Friday, October 25 at 9 am**
You are invited to come hear practical parenting advice from
**REBECCA SCHRAG HERSHBERG, PhD**
author of *The Tantrum Survival Guide*
Join other SPS parents for a morning to learn how to tune in to your
toddler’s mind (and your own) to calm the craziness and make family
fun again. This program is presented in partnership with the Jewish Book
Council. The *Tantrum Survival Guide* will be available for purchase and signing.
**The Following Members Will Be Observing Yahrzeit This Week**

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